

# Carrabba's Chicken Soup

## A Restaurant-Inspired Soup Recipe

Nov 28, 2007 [Samantha Ruffle](#)

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Eating a bowl of soup every day is a great way to lose a few extra pounds and get some needed vegetables.

When you want a slimming soup, just make sure it is a broth or tomato-based soup and not a cream-based soup. Nothing warms the body and soul like a good pot of chicken soup!

Carrabba's Italian restaurant has a delicious signature soup called Mama Mandola's Chicken Soup. The recipe below is inspired by this fabulous soup. This peppery soup is a great warm lunch for the winter months. There are other recipes on the Internet that say they are a copy of Mama Mandola's Chicken Soup but, this one is definitely the best tasting and easiest to prepare.

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### Carrabba's Inspired Chicken Soup (Mama Mandola's Chicken Soup)

- 1 tablespoon olive oil
- 1 onion diced
- 2 to 3 cloves garlic
- 2 32-ounce cartons chicken broth (like Pacific brand)
- 4 carrots peeled and diced
- 5 celery stalks diced
- 1 or 2 Yukon gold potatoes peeled and diced
- 1 16-ounce can diced tomatoes
- 2 four-ounce cans of green chilies
- ½ cup chopped parsley
- 1 rotisserie chicken
- Salt and pepper to taste.
- Sprinkle of Parmesan or Romano cheese for garnish